



GOVERNOR'S ADVISORY COUNCIL ON AGING

SOCIAL, HEALTH & ALZHEIMER'S COMMITTEE MEETING MINUTES March 6, 2008

Council Members, Liaisons & Committee Participants Present

Doyle Meredith (Chairperson), Bernadine Hoffmann, Bernadette Polley, David Besst, Karissa Bonkrude, Valerie Fifield, Paulette Fraenkel, Dan Lawler, Allie Masters, Julie Ngiriye, Kathy Rood, Cindie Wolf

Council Members Not Present

Lynn Adler, Kati Bates

Council Staff Present

Melanie Starns, Cathy De Lisa, Dan Plumhoff, Michelle Bouas

Guests Present

Victoria Grando (ASU)

Call to Order, Welcome, Introductions & Approval of Minutes

Committee Chair Doyle Meredith called the meeting to order at 2:43 p.m., and a welcome and introduction period followed. Minutes from the February 7, 2008 meeting were reviewed.

Bernadine Hoffman made a motion to approve the minutes as written and Bernadette Polley seconded the motion. The motion passed unanimously.

Sub-Committee Reports & Group Discussion

Falls Prevention

Executive Director Melanie Starns reported that the Falls Prevention Sub-Committee has confirmed its Pre-Conference Intensive speakers for the 2008 Governor's Conference on Aging and secured Ms. Maryellen Kullman, Vice President of the Archstone Foundation in California as its opening speaker, thus finalizing the Falls Prevention track.

Informal Caregiving

Sub-Committee Co-Chair David Besst reported that Mr. Eric Thomas is no longer with the Arizona Department of Economic Security (DES), and that he will be assuming Mr. Thomas' duties as the agency's Lifespan Respite Coordinator within the Division of Aging and Adult Services (DAAS). Additionally, Mr. Besst announced that the Lifespan Respite program is currently underway.

Informal Caregiving Sub-Committee Discussion

Deputy Director Cathy De Lisa provided the Committee with an agenda for the Informal Caregiving Sub-Committee discussion, and minutes from the February 28, 2008 Informal Caregiving Sub-Committee meeting were reviewed. *Committee Chair Doyle Meredith made a motion to approve the minutes as written and David Besst seconded the motion. The motion passed unanimously.*

Action Items to Follow Up On

- Ms. De Lisa has contacted Ms. Bianca McDermott and confirmed Ms. McDermott as a speaker for the Emergency Preparedness session at the upcoming conference.

Conference Discussion (Review of Caregiving Sessions)

- Mr. Dan Lawler discussed the “Hospice/Palliative Care” conference session, and recommended that the session incorporates the following four “points:” 1) Palliative Care Goals vs. hospice care goals; 2) Who does each help; 3) Emphasis on cultural diversity – integrate into care; and 4) When can people call for palliative care and when is hospice care appropriate.
- Ms. Kathy Rood discussed the “Navigating the System” conference session, and reported that the Informal Caregiving Sub-Committee workgroup has identified Ms. Debbie Elliot and Ms. Cat Trobaugh as potential speakers to lead the session in a discussion aimed at highlighting insurance and resources available.
- Ms. Julie Ngiriyie discussed the “Kinship Care” conference session and agreed to resubmit the session’s key points to Ms. De Lisa.
- Ms. Paulette Fraenkel announced that the panel for the “Myths and Realities of Aging” conference session has been “locked down” to ensure that it is comprised of individuals who have aged with disabilities.
- Ms. Valerie Fifield noted that potential speakers from the Arizona Division of Emergency Management (ADEM) for the “Emergency Preparedness” conference session have been contacted, and are willing to participate. Ms. De Lisa has confirmed Ms. Bianca McDermott to provide an overview of emergency preparedness needs related to behavioral health.
- It was suggested that the speakers include a checklist for caregivers on preparedness and that the focus of this session be geared towards informal caregivers.

Ms. De Lisa added that the Informal Caregiving Sub-Committee members should email her with any additional ideas that they may have regarding the Caregiving sessions. A copy of the Informal Caregiving Sub-Committee “breakout” agenda is available through the Council Office.

Rally Update

- Mr. Besst distributed a draft copy of the March 13, 2008 Caregiver Rally flyer, and announced that all Arizona Bridge to Independent Living (ABIL) participants will receive certificates of appreciation for their assistance in preparing the packets for the rally.
- Mr. Besst recognized the assistance of Ms. Karen Freiman in preparing for the rally, and noted several of the event’s participating sponsors.

- Mr. Besst announced that Senator Leah Landrum Taylor (D-16) will serve as the event's legislative host, and that Representative Andrew Tobin (R-1) and DES Director Ms. Tracey Wareing have committed to speaking at the Caregiver Rally.
- Mr. Besst discussed the issuance of DES managed travel vouchers to eligible rally participants, and he invited the Sub-Committee members to provide feedback on the rally's flyer. A discussion of the Caregiver Rally flyer ensued.
- Mr. Besst provided an overview of the logistics for the Caregiver Rally, and he stated that all rally volunteers should assemble at the event by 8:30 am.

A draft copy of the Caregiver Rally flyer is available through the Council Office

Report Out & Vote on Motions from Sub-Committees

No new motions were presented.

Other Updates, New Business, & Announcements

- Mr. Dan Lawler announced that the Arizona Alzheimer's Association's 17th annual caregiver conference will be held Thursday and Friday, March 13 & 14, 2008 at the Chaparral Suites Hotel in Scottsdale.
- Committee Chair Doyle Meredith noted that as both Sub-Committees finalize their efforts for the conference, they need to identify the next projects which they will pursue.
- Ms. Julie Ngiriye distributed flyers for the Area Agency on Aging, Region One Lifespan Respite Care program.
- Ms. De Lisa shared a copy of her correspondence with Dr. Jeffrey Alexander of A.T. Still University that outlined a presentation to be delivered by Dr. Walter Bortz of Stanford University on April 10, 2008 entitled "Dare to Be 100." Ms. De Lisa invited all Committee members to attend.
- Mr. Besst announced that the DES Lifespan Respite brochure should be out in electronic form by the end of next week, and that hard copies will be available within the next three to four weeks.
- Ms. Victoria Grando of Arizona State University discussed the caregiver research with frail elders she is currently conducting, and she asked the Committee members for any guidance or suggestions they might have in identifying volunteers for the development of a clinical trial. Ms. Grando's research will be localized in the greater Phoenix area during its pilot stage if funding is secured.

Copies of Mr. Lawler and Ms. Ngiriye informational handouts and a copy of Ms. De Lisa's electronic correspondence are available through the Council Office.

Action Items

- Ms. Julie Ngiriye will submit the key points of the "Kinship Care" conference session to Ms. De Lisa.
- Informal Caregiving Sub-Committee members will submit any additional Caregiving session ideas to Ms. De Lisa via email.

Adjournment

The meeting was adjourned by Committee Chair Doyle Meredith at 4:06 p.m.

Next Meeting:

The next Social, Health & Alzheimer's Committee meeting will be April 3, 2008 at 2:30 p.m. in the State Executive Tower, Second Floor Conference Room. These meetings are open to the public.